



Child and Youth Programs

## EFM Respite Care

AVAILABLE FOR ELIGIBLE NAVY FAMILIES

Navy Child & Youth Programs is proud to offer 40 hours of free respite care a month to families with children identified as exceptional family members.



AVAILABLE IN THE U.S.

### ELIGIBILITY REQUIREMENTS

- The sponsor is active duty or a Reservist on active duty orders
- The EFM child (birth through 18 years) resides with the Sailor and has a current enrollment in the EFMP as a Category 4 or 5

Respite care provided by well-trained and background screened providers throughout the United States.



**FREE 40 HOURS  
PER MONTH**

40 Hours per month per family at no cost to eligible participants. There are no income restrictions.



**FOR MORE INFORMATION**

**Call 800-424-2246 or  
visit [www.childcareaware.org](http://www.childcareaware.org)**